

Group of Munich, Gerti and Michael Rieser, Sailerstraße 10, 80809 München, phone 089-3083939, gm.rieser@web.de

#### Dear Kriya-Yoga-Friends,

06:00 pm

Meditation

on the occasion of the 100. birthday of our Master **Baba Paramahamsa Hariharananda Giri** we are looking forward to a special program in Munich with

# Paramahamsa Prajnanananda Giri and Swami Mangalananda Giri and Peter van Breukelen

To the lectures, public meditations and the 100-years-celebration on Saturday evening everybody is welcome. All other mediations can only be joined by people who are initiated into Kriya-Yoga. We don't need any registration, not even for the initiation.

## Thursday 15.03.07, Public Lecture: in English

07:30 pm "The Science of Yoga reflecting the occidental and oriental scriptures"

Professor Zydenbos, Indology –Professor and P. Prajnanananda Giri, with discussion afterwards Ludwig-Maximilian-University, Geschw.-Scholl-Platz 1, Lecture room D-209, Main-Building

#### Location Friday-Sunday: Dance Spirit, Landwehrstraße 60-62

<u>Friday, 16.03.07</u>	
10:00 am	Meditation, after this 2.Kriya-Medition (only for students initiated into 2.Kriya)
05:30 pm	Meditation
ca. 07:00 pm	Power-Point-Show: Pictures of Paramahamsa Hariharananda Giri
07:30 pm	Public Lecture: "Kriya-Yoga, Pathway to Inner Peace"
•	Paramahamsa Prajnanananda Giri, in English,
	Questions can be asked; after this public Meditation
<b>Saturday</b> , 17.03.07	
9:00 am	Initiation, after this Meditation
03:00 pm	Explanation of the Kriya-Yoga-technics with Meditation
	100-Jahr-Celebration (public)
05:00 pm	Classic Music: Betyna Franke, viola & Heinz-Peter Lange, piano
05:25 pm	Lecture: "Experiences with P. Hariharananda" Swami Mangalananda Giri
05:45 pm	Sigi Hümmer (Sirion), guitar and chant
06:05 pm	Lecture: "Experiences with Paramahamsa Hariharananda" and
"The help-organisation Hand in Hand", Peter van Breukelen	
06:30 pm	Indian Music: David & Katrin Mages
06:50 pm	Lecture: "Experiences with Paramahamsa Hariharananda" P. Prajnanananda Giri
	after this public Meditation
07:45 pm	<b>Dinner in the hall:</b> If possible please bring along some vegetarian food/sweets.
•	And please bring this time " <b>Fingerfood</b> " – food that can be eaten without cutlery.
	We plan to pass on the plates and dishes from one person to the next.
09-10:00 pm	Classisc indian dance with commentaries: Arup Ghosh, Speaker: Fr. Dr. Wiegand
<b>Sunday</b> , 18.03.07	
9:00 am	2. Kriya-Meditation (only for students initiated into 2.Kriya)
10:30 am	Meditation
02:30 pm	Film about the life of Paramahamsa Hariharananda: "A Legacy of Love"
03:30 pm	Meditation, after this Question & Answers

## It would be nice if many students could join the <u>arrival</u> and <u>leaving</u> of our teachers:

Arrival: Thursday 15.03.07 Departure: Monday 19.03.07

P. Prajnanananda: 7:50 airport M. Terminal 2 from Vienna 8:30 airport M. Terminal 2 to Vienna

**Peter van Breukelen:** 16:40 airport M. KL1797 9:30 airport M.

Swami Mangalananda: 12:30 Maintrainstation M. from Vienna 9:28 Maintrainstation M. to Vienna

## Our costs renting a hall, advertising, travel-costs and others are ca. € 3600,-

Please be so kind to give generous donations in our donation-box. We trust that we also this time can cover the high costs without entrance-money.

For **initiation** make sure to bring 5 flowers, 5 fruits and a donation of € 150,-. It is recommended to attend at least three meditation-classes after the initiation.

### How to get to Ludwig-Maximilian-Universität, Geschwister-Scholl-Platz 1, Hörsaal D-209

Your reach university very easily by U-Bahn U3 or U6. Get out at the stop "Universität" in direction "Geschw.-Scholl-Platz". Then follow Ludwigstraße on the right side. At Geschwister-Scholl-Platz you will find the mainentrance to the university building. Inside the entry-hall use the staircase on the right side that leads to 2.floor (US 3.floor) in area "D".

How to get to Dance Spirit, Landwehrstraße 60-62, ca. 15 min by foot south of maintrainstation.

There are not many parking-spots there. So please take the U-Bahn U4 or U5 to "Theresienwiese". Leave U-Bahn towards "Landwehrstraße, St. Pauls-Platz". Landwehrstraße is between the two U-Bahn-exits. From there it is about 3 min by foot to reach the hall. In case the big gate is closed please take the entrance right to the backyard. The entrance to "Dance Spirit" is in the backyard left to the front building, 2.floor (*US* 3.floor)

There is parquet in the hall. Please bring blankets, cushions, socks and slippers.

If you need a route-plan for coming by car or a list of less expensive hotels we will send it to you.

#### You are heartily invited to join our **group meditations** in **Munich**:

Monday 6.30 pm at Sylvia Aster, Heideckstr. 19, phone 089-15979199

München-Neuhausen, Tram 20 or 21 to Goethe-Institut

**Tuesday 7:30 pm** at Christine & Wollo Grünwald, Jakob-Hagenbucher-Str. 8, phone 18999538

except school-holidays München-Moosach, S1 to Bahnhof Moosach, Tram Linie 20 to Pelkovenstraße

**Thursday 7:30 pm** at Gerti und Michael Rieser, Sailerstr. 10, phone 89-3083939

München-Milbertshofen, U3 to Petuelring

Meditation starts Monday at 7:00 pm, Tuesday and Thursday at 8:00 pm.

We meditate by using cassettes that were recorded during a Kriva-program.

On Monday there is an extra-meditation – after the regular one – for students who are initiated in 2.Kriya.

#### Other group meditations:

**Stuttgart**, Info: Thomas Vaihinger, phone 07151-68675, tvaihinger@gmx.de

**Augsburg** Info: Katrin Stadtmann-Berger, phone 08294-1740

Neu-Ulm, Monday 18.30 Uhr except school-holidays at Ulrich Weyer, Elbestraße 1, phone 0731-86690

**Traunstein** Info: Kai Neubert, phone 08662-667660

Friedrichshafen Info: Roland Geisselhart, phone 07541-44924 bzw. -44525

#### Programs in Europa: http://www.kriyayoga-europe.org/german/kalender.php

Centre Tattendorf south of Vienna: <a href="http://www.kriyayoga-europe.org/">http://www.kriyayoga-europe.org/</a> phone 0043-2253-81491
Centre Sterksel / south of Netherlands: <a href="http://www.kriyayoga-meditatie.nl">http://www.kriyayoga-meditatie.nl</a> phone 0031-40-2265576
Hand in Hand: <a href="http://www.handinhand.at">http://www.handinhand.at</a> India: <a href="http://www.prajnanamission.org/">http://www.kriyayoga-europe.org/</a> USA: <a href="http://www.kriyayoga-meditatie.nl">http://www.kriyayoga-meditatie.nl</a> phone 0031-40-2265576
USA: <a href="http://www.kriyayoga-meditatie.nl">http://www.kriyayoga-meditatie.nl</a> phone 0031-40-2265576

# Next program in Munich: 23.-25.11.07 with Peter van Breukelen

With kind regards Gerti and Michael Rieser